

# October 2017 Lunch Menu & Weekly Ordering Sheets

Ordering sheets are due Monday for the week. They are in the Newsletter and can also be found at [www.mtcschool.org](http://www.mtcschool.org) Under -"Students" "Nutrition" "Latest Lunch Menu"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/2 Chicken w/corn \$4.40 Options: Tenders or Nuggets	10/3 Pasta w/garlic bread \$4.40 Options: Sauce or Butter & Meatballs (optional)	10/4 Quesadilla w/fruit \$4.40 Options: Chicken & Cheese or Cheese only	10/5 Burger \$4.40 Options: Hamburger,Cheeseburger, Bacon Cheeseburger	10/6 Personal Pan Pizza with fruit \$4.40
10/9 Chicken w/broccoli \$4.40 Options: Chicken & Cheddar Wrap, Tenders or Nuggets	10/10 Pasta w/garlic bread \$4.40 Options: Sauce or Butter & Meatballs (optional)	10/11 Choice & fruit \$4.40 Belgian Waffle or French Toast Sticks	10/12 Wildcat McBagel w/hash browns \$4.40 Options: Bacon or Sausage	10/13 Personal Pan Pizza with fruit \$4.40
10/16 Choice w/chips \$4.40 Crispy Chicken Sand. Chicken Parm. Sand. Meatball Parm. Sand	10/17 Mac & Cheese with garlic bread \$4.40	10/18 Tacos (2) with fruit \$4.40 Options: Hard or Soft Shells, or Both	10/19 Burger \$4.40 Options: Hamburger, Cheeseburger Bacon Cheeseburger	10/20 Personal Pan Pizza with fruit \$4.40
10/23 Chicken w/corn \$4.40 Options: Tenders or Nuggets	10/24 Pasta w/garlic bread \$4.40 Options:Sauce or Butter & Meatballs (optional)	10/25 Pancakes w/ Bacon \$4.40	10/26 Wildcat McBagel w/tater tots \$4.40 Options: Bacon or Sausage	10/27 <b>HASA Special Lunch Must Pre-order</b>
10/30 Chicken Steak Sand. \$4.40 Options: Plain, Cheese, Buffalo	10/31 <b>Noon Dismissal</b>	11/1 All Saints Day <b>School Closed</b>	11/2 Burger \$4.40 Options:Hamburger, Cheeseburger,Bacon Cheeseburger	11/3 Personal Pan Pizza with fruit \$4.40

**Alternate lunch options available daily.** When choosing an alternative lunch, drink or snack, you must indicate the number to specify your choice. **Example:** Alt# 7 indicates a salad with chicken is ordered instead of the daily special.

## ALTERNATE LUNCH:

- #1---Hot dog \$2.25
- #2---Grilled cheese \$2.75
- #3---Grilled cheese w/Bacon \$3.30
- #4---Grilled Chicken Sandwich \$3.75
- #5---Chicken Noodle Soup w/crackers \$2.25
- #6---Salad \$4.00
- #7---Salad w/Chicken \$4.50
- #8---Salad w/Tuna \$4.50
- #9---Tuna Sandwich \$3.30
- #10---Cheese Sandwich \$2.50
- #11---Bagel w/butter \$2.00
- #12---Bagel w/cream cheese \$2.00

## DRINKS:

- #13---White Milk \$.75
- #14---Choc. Milk \$.75
- #15---Straw.Milk\$.75
- #16---Iced Tea \$.60
- #17---Lemonade\$.60
- #18---Water \$.50

## SNACKS

- #23---Cereal (dry) \$1.10
- #24---Pudding or Apple Ssauce\$.70
- #25---GoGurt \$.60
- #26---Fresh Fruit \$.85
- #27---Cheese Stick \$.60
- #28---Bagged Snacks \$.70
- #29---Oreos \$1.10
- #30---Fruit Snacks \$.50

## THURSDAY BREAKFAST 8-8:30 AM

- French Toast \$2
- Croissant W/Hershey Spread \$1.65
- Choc. Croissant \$1.65
- Coffee Cake \$1.65
- Cinnamon Bun \$1.10
- Muffin \$1.10
- Bagel \$2
- Vanilla yogurt & sprinkles \$.85
- Fresh Fruit\$.85
- Apple Juice / Orange juice \$.85
- Milk \$.75
- Water \$.50

WEEK OF: 10/02/17

CHILD'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_

<p>10/2</p> <p>Chicken w/ corn \$4.40</p> <p>Chicken Tenders _____</p> <p>Chicken Nuggets _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10- Ice Cream</b> _____</p> <p><b>Drink#</b> _____</p> <p><b>Snack #</b> _____</p>	<p>10/3</p> <p>Pasta w/garlic bread \$4.40</p> <p>Pasta w/Sauce _____</p> <p>Sauce &amp; meatballs _____</p> <p>Pasta w/ Butter _____</p> <p>Butter &amp; Meatballs _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10- Cookie</b> _____</p> <p><b>Drink#</b> _____</p> <p><b>Snack #</b> _____</p>	<p>10/4</p> <p>Quesadilla with fruit \$4.40</p> <p>Chicken &amp; Cheese _____</p> <p>Cheese only _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10- Ice Cream</b> _____</p> <p><b>Drink#</b> _____</p> <p><b>Snack #</b> _____</p>	<p>10/5 <b>BREAKFAST</b></p> <p>French Toast \$2. _____</p> <p>Croissant W/Hershey Spread \$1.65 _____</p> <p>Choc. Croissant \$1.65 _____</p> <p>Coffee Cake \$1.65 _____</p> <p>Cinnamon Bun \$1.10 _____</p> <p>Muffin \$1.10 _____</p> <p>Bagel \$2.00 _____</p> <p>Vanilla yogurt &amp; sprinkles \$.85 _____</p> <p>Fresh Fruit \$.85 _____</p> <p><b>Apple Juice \$.85</b> _____</p> <p><b>Orange juice \$.85</b> _____</p> <p><b>Drink#</b> _____</p>	<p>10/5 <b>LUNCH</b></p> <p>Burger \$4.40</p> <p>Hamburger _____</p> <p>Cheeseburger _____</p> <p>Bacon &amp; Cheese _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10- Ice Cream</b> _____</p> <p><b>Drink#</b> _____</p> <p><b>Snack #</b> _____</p>	<p>10/6</p> <p>Personal Pan Pizza with fruit \$4.40</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10- Cookie</b> _____</p> <p><b>Drink#</b> _____</p> <p><b>Snack #</b> _____</p>
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- #3---Grilled cheese w/Bacon \$3.30
- #4---Grilled Chicken Sandwich \$3.75
- #5---Chicken Noodle Soup w/crackers \$2.25
- #6---Salad \$4.00
- #7---Salad w/Chicken \$4.50
- #8---Salad w/Tuna \$4.50
- #9---Tuna Sandwich \$3.30
- #10---Cheese Sandwich \$2.50
- #11---Bagel w/butter \$2.00
- #12---Bagel w/cream cheese \$2.00

**DRINKS:**

- #13---White Milk \$.75
- #14---Choc. Milk \$.75
- #15---Straw.Milk\$.75
- #16---Iced Tea \$.60
- #17---Lemonade\$.60
- #18---Water \$.50

**SNACKS**

- #23---Cereal (dry) \$1.10
- #24---Pudding or Apple Sauce \$.70
- #25---GoGurt \$.60
- #26---Fresh Fruit \$.85
- #27---Cheese Stick \$.60
- #28---Bagged Snacks \$.70
- #29---Oreos \$1.10
- #30---Fruit Snacks \$.50

WEEK OF: 10/9/17

CHILD'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_

<p>10/9                  Chicken w/ broccoli \$4.40                  Chicken&amp; Cheddar Wrap _____                  Chicken Tenders _____                  Chicken Nuggets _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10- Ice Cream</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>	<p>10/10                  Pasta w/garlic bread \$4.40                  Pasta w/Sauce _____                  Sauce &amp; meatballs _____                  Pasta w/ Butter _____                  Butter &amp; Meatballs _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10- Cookie</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>	<p>10/11                  Choice with fruit \$4.40                  Belgian Waffle _____                  French Toast Sticks _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10- Ice Cream</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>	<p>10/12 <b>BREAKFAST</b>                  French Toast \$2. _____                  Croissant W/Hershey _____                  Spread \$1.65 _____                  Choc. Croissant \$1.65 _____                  Coffee Cake \$1.65 _____                  Cinnamon Bun \$1.10 _____                  Muffin \$1.10 _____                  Bagel \$2 _____                  Vanilla yogurt _____                  &amp; sprinkles \$.85 _____                  Fresh Fruit \$.85 _____  <b>Apple Juice \$.85</b> _____  <b>Orange juice \$.85</b> _____                  Drink# _____</p>	<p>10/12 <b>LUNCH</b>                  Wildcat McBagel w/hash _____                  browns \$4.40 _____                  Bacon McBagel _____                  Sausage McBagel _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10- Ice Cream</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>	<p>10/13                  Personal Pan Pizza w/ fruit _____                  \$4.40 _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10- Cookie</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>
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WEEK OF: 10/16/17

CHILD'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_

<p>10/16 Choice w/chips \$4.40 Crispy Chicken Sand. _____ Chicken Parm. Sand. _____ Meatball Parm. Sand. _____ <b>Alternate Lunch#</b> _____  <b>Special Snack \$1.10- Ice Cream</b> _____ <b>Drink#</b> _____ <b>Snack #</b> _____</p>	<p>10/17 Mac &amp; Cheese with Garlic bread \$4.40 _____  <b>Alternate Lunch#</b> _____  <b>Special Snack \$1.10- Cookie</b> _____ <b>Drink#</b> _____ <b>Snack #</b> _____</p>	<p>10/18 Tacos with fruit \$4.40 2 Hard Shell Tacos _____ 2 Soft Shell Tacos _____ 1 Hard/1 soft Taco _____  <b>Alternate Lunch#</b> _____  <b>Special Snack \$1.10- Ice Cream</b> _____ <b>Drink#</b> _____ <b>Snack #</b> _____</p>	<p>10/19 <b>BREAKFAST</b> French Toast \$2. _____ Croissant W/Hershey Spread \$1.65 _____ Choc. Croissant \$1.65 _____ Coffee Cake \$1.65 _____ Cinnamon Bun \$1.10 _____ Muffin \$1.10 _____ Bagel \$2 _____ Vanilla yogurt &amp; sprinkles \$.85 _____ Fresh Fruit \$.85 _____ <b>Apple Juice \$.85</b> _____ <b>Orange juice \$.85</b> _____ <b>Drink#</b> _____</p>	<p>10/19 <b>LUNCH</b> Burger \$4.40 Hamburger _____ Cheeseburger _____ Bacon &amp; Cheese _____  <b>Alternate Lunch#</b> _____  <b>Special Snack \$1.10- Ice Cream</b> _____ <b>Muffin</b> _____ <b>Drink#</b> _____ <b>Snack #</b> _____</p>	<p>10/20 Personal Pan Pizza with fruit \$4.40  <b>Alternate Lunch#</b> _____  <b>Special Snack \$1.10- Cookie</b> _____ <b>Drink#</b> _____ <b>Snack #</b> _____</p>
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WEEK OF: 10/23/17

CHILD'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_

<p>10/23          Chicken w/ corn \$4.40          Chicken Tenders _____          Chicken Nuggets _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10-Ice Cream</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>	<p>10/24          Pasta w/garlic bread \$4.40          Pasta w/Sauce _____          Sauce &amp; meatballs _____          Pasta w/ Butter _____          Butter &amp; Meatballs _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10-Cookie</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>	<p>10/25          Pancakes          w/bacon \$4.40 _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10-Ice Cream</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>	<p>10/26 <b>BREAKFAST</b>          French Toast \$2. _____          Croissant W/Hershey          Spread \$1.65 _____          Choc. Croissant \$1.65 _____          Coffee Cake \$1.65 _____          Cinnamon Bun \$1.10 _____          Muffin \$1.10 _____          Bagel \$2.00 _____          Vanilla yogurt          &amp; sprinkles \$.85 _____          Fresh Fruit \$.85 _____  <b>Apple Juice \$.85</b> _____  <b>Orange juice \$.85</b> _____  <b>Drink#</b> _____</p>	<p>10/26 <b>LUNCH</b>          Wildcat McBagel w/Tater          Tots \$4.40          Bacon McBagel _____          Sausage McBagel _____</p> <p><b>Alternate Lunch#</b> _____</p> <p><b>Special Snack \$1.10-Ice Cream</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>	<p>10/27  <b>HASA SPECIAL LUNCH</b></p> <p><b>MUST PRE-ORDER</b></p>
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WEEK OF: 10/30/17

CHILD'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_

<p>10/30          Chicken Steak w/chips \$4.40          Chicken Steak _____          Chicken Cheese Steak _____          Buffalo Chicken Steak _____    <b>Alternate Lunch#</b> _____    <b>Special Snack \$1.10-          Ice Cream</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>	<p>10/31  <b>Noon Dismissal</b></p>	<p>11/1  <b>ALL SAINTS DAY          School Closed</b></p>	<p>11/2 <b>BREAKFAST</b>          French Toast \$2. _____          Croissant W/Hershey          Spread \$1.65 _____          Choc. Croissant \$1.65 _____          Coffee Cake \$1.65 _____          Cinnamon Bun \$1.10 _____          Muffin \$1.10 _____          Bagel \$2 _____          Vanilla yogurt          &amp; sprinkles \$.85 _____          Fresh Fruit \$.85 _____  <b>Apple Juice \$.85</b> _____  <b>Orange juice \$.85</b> _____  <b>Drink#</b> _____</p>	<p>11/2 <b>LUNCH</b>          Burger \$4.40          Hamburger _____          Cheeseburger _____          Bacon &amp; Cheese _____    <b>Alternate Lunch#</b> _____    <b>Special Snack \$1.10-          Ice Cream</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>	<p>11/3          Personal Pan Pizza with          fruit \$4.40    <b>Alternate Lunch#</b> _____    <b>Special Snack \$1.10-          Cookie</b> _____  <b>Drink#</b> _____  <b>Snack #</b> _____</p>
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